



**ALL STAR
PREP TEAM
INFORMATION
2017 – 2018**

Thank you for choosing Oklahoma Spirit Academy as your home for your cheerleader! We are very excited to have your child and family be part of this journey as we embark on our second competitive All Star cheer season!

MISSION STATEMENT

At Oklahoma Spirit Academy, our mission is to instill in every athlete S-P-I-R-I-T, **S**trength, **P**erseverance, **I**ntegrity, **R**esilience, **I**ndependence, and **T**rust. We strive to recognize and nurture individual talents and synergize those talents with a focus on practice and development for long term performance and achievement team goals.

GOAL FOR ALL-STAR TEAMS

Oklahoma Spirit Academy is a group of competitive cheerleaders with a commitment to our team sport. Parental support of our children, their team and coaches is an integral component to their success. Every athlete is a valuable member to our program. It is our intent to train our cheerleaders to become outstanding athletes, but there is much more to our program. We also strive to teach the athletes self-confidence, discipline, accountability and learn valuable lessons in teamwork and sportsmanship.

ALL-STAR TRYOUT PROCESS

Athlete Recruitment (May 12-13, 2017):

During this time, all athletes will be evaluated on tumbling, jump, and stunt technique. The staff will use this evaluation process to determine which team each athlete will be placed in. If there is a conflict with the tryout date and time for your athlete, a private tryout can be arranged.

Ages 11 and below – May 12th 5:00 – 7:00pm

Ages 12 and up – May 12th 7:00 – 9:00pm

Ages 11 and Below- May 13th 10 am-12pm

Ages 12 and up- May 13th 1pm-3pm

Teams will be announced on Sunday, May 14th. Team practices start May 21st.

Teams are chosen based upon the athlete having all skills at the highest level in stunting, jumps, motions, standing tumbling and running tumbling for that particular level. The scoring criteria this year reflects that all cheerleaders must perform the highest level of skills to gain the max difficulty score of each level.

If you or your child is discouraged from making a team or level that he/she desire, please understand that each athlete will continue to excel individually with motivation in all areas. The staff will place athletes on teams based upon skill levels of every aspect and what best benefits the program.

The staff will move, replace or suspend cheerleaders if necessary. If an athlete loses a skill that was performed at tryouts, at the coach's discretion, they may need to be moved to another team for their appropriate level. If cheerleaders do not perform to their level, we will ask that he/she takes additional classes to retain and improve their skills.

Team members wanting to or designated as a flyer will be expected to take an additional flight school class during the summer.

OSA RESERVES THE RIGHT TO:

❖ Place its athletes on the team it feels will best suit them and the program.

- ❖ Replace, add or dismiss an athlete for a period of time, or indefinitely, from their team or the entire program based on the criteria including, but not limited to: attendance, conduct, skills, finances, parent conflicts.
- ❖ Decide if an athlete may participate on more than one team.
- ❖ Decide the roles and/or positions an athlete will have on their team/teams. (e.g., flyer, base, back spot, tumbler, alternate)
- ❖ Request that an athlete (or team) take additional classes/camps/privates to improve their skills.
- ❖ Request that an athlete or team practice longer than their regularly scheduled time or add additional practices, camps or competitions if necessary.

SUMMER TRAINING

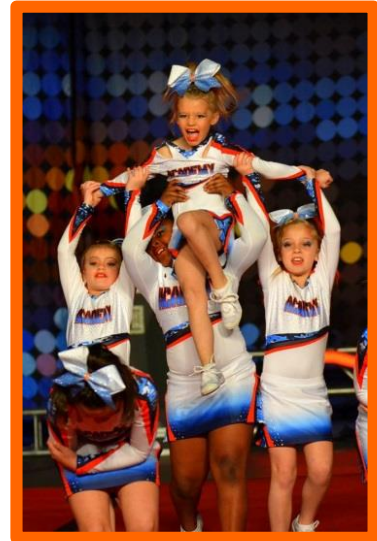
- ❖ 2 Team Practices Per Week
- ❖ 1 Tumbling Class Per Week (Sign up in the front office)
- ❖ Skills Boot Camp (July TBD)
- ❖ Choreography Training Camp (August TBD)

IN SEASON TRAINING

- ❖ 2 Team Practices Per Week
- ❖ 1 Team Tumbling Practice Per Week
- ❖ Extra practices will be scheduled throughout the season closer to competitions

GENERAL RULES

- ❖ All team practices are closed to parents and spectators except for the first practice of every month. This rule applies to any regular practice or extra practice.
- ❖ Summer practices are very important to the improvement of skills & are required. Please make every effort to be at all summer practices.
- ❖ The Skills & Choreography Camp is required to participate on any team at OSA. Please keep this in mind when scheduling other summer camps and vacations. There will be no exceptions.
- ❖ Only students with a release form on file at the front desk are allowed in the practice areas. No family or friends.
- ❖ No food, drinks or gum are permitted in the practice areas.
- ❖ Cell phones must be put on silent or left in the lobby.
- ❖ OSA is not responsible for any personal items lost or stolen on the gym property.
- ❖ Please check the OSA website and your e-mail daily for gym updates in order to stay informed. If your e-mail changes, please contact the All-Star Director & front desk immediately.
- ❖ All choreography (including cheers, dances, stunts, transitions, tumbling, music, etc.) should not be shared or discussed with others. No videos of routines/choreography should be uploaded to any online site such as YouTube, Facebook, Twitter, Fierceboard, etc.
- ❖ Every athlete Levels 1-6 must be a USASF member. The charge for this is included in your monthly dues. Please get a copy of your athlete's birth certificate ready to turn into the front desk immediately following team placement.



BEHAVIOR AND ATTITUDE

We expect our athletes and parents to always act in a manner that shows respect for her/himself, their teammates, and the gym. Only positive comments will be tolerated in our gym! All members of the OSA family are to remain positive and if any concerns arise, you may express those with the staff or owner of OSA in a respectful manner. Concerns are not to be expressed at a competition, to other parents, or to team members. If a parent or child's negative behavior becomes detrimental to the program, you will be dismissed and **no fees will be refunded.**

DRESS CODE

- ❖ Appropriate attire must be worn at all times.
- ❖ Cheerleaders must always keep good hygiene.
- ❖ No jewelry of any kind can be worn at any practice or competition.
- ❖ Sports bras and hot pants are to be worn under the designated practice clothes.
- ❖ Clothes should not be worn baggy or go above the head when flipping and/or stunting.
- ❖ Cheer shoes must be worn to every cheer and tumbling practice.
- ❖ A designated practice uniform schedule will be given and must be adhered to by each cheerleader.
- ❖ Under uniform, cheerleaders must wear an athletic bra that has clear straps. You can order from uniform company at a cost.

PRACTICE ATTENDANCE POLICY

Only 3 absences will be allowed during the summer, and only 3 excused practices will be allowed during the season (excused is death in family, school function for grade or severe illness). If your cheerleader must be absent, complete an absence notification form and turn in to your coach 2 weeks prior to the absence. **Absolutely no absences are allowed the week of a competition.** The attendance policy has been developed as absences affect the skill development of the individual and hinder the entire team. All of our routines require participation of every member as each child has specific and unique contribution vital to the team. If your child is sick and noncontagious, he/she must attend practice and watch from the side for any routine changes, etc. **A \$25 absence fee will be automatically charged to your account for every absence after your allotted 3.** Please plan holidays and vacations to fall during the times below:

HOLIDAY SCHEDULE: NO PRACTICE THESE DATES

- ❖ Memorial Day
 - May 29, 2017
- ❖ Summer Break
 - July 2-8, 2017
- ❖ Labor Day Weekend
 - September 1-4, 2017
- ❖ Thanksgiving
 - November 22-26, 2017
- ❖ Christmas Break
 - December 18, 2017 – January 1, 2018
- ❖ Spring Break
 - March 11-18, 2018
- ❖ Easter
 - April 1, 2018



TRAVEL

Hotel and transportation is not included in fees but required, and some overnight stays will be required. Cheerleaders are required to stay for awards at all competitions and meet with their coach prior to warm-up time; these times will be set by the competition company and then earlier times will be given to each parent the week of competition. We will always offer hotel blocks during our out of town travel. During some travel you will be required to stay at the designated hotel when the competition companies require stay to play options. Otherwise, you will not be required to stay at our hotels but it is always suggested. Reservations should always be made ASAP to ensure availability.

COMPETITIONS

Cheerleaders will receive a competition shirt and it must be worn over their competition uniform. At no time is a parent allowed to contact any sponsoring organization or approach any judges at a competition on behalf of their child or Oklahoma Spirit Academy. All concerns should be directed to the staff and owner of OSA. Please always respect athletes and parents from other gyms.



Cheerleaders must wear their designated shirt over their uniform upon meeting their coach and after performance. Full uniform means hair complete, make-up, uniform shell and bottom, no show socks and white shoes. All competitions are required and team members must stay for awards. At competitions, we want all parents to sit together and support all our teams as a united front. Parents are expected to wear OSA attire and colors to all competitions.

OSA LOGO

No use of the Oklahoma Spirit Academy name or logo can be used for any purpose without consent of the owner. It is important that we protect the integrity of the gym and logo.

COMMUNICATION

If you have any disagreement or problem during the season, please discuss with the owner or program director at a scheduled time, outside of your cheerleader's practice time. Each decision is made to benefit the entire OSA program. We will strive to continue to provide the best role models for your child and family and provide a program that your child will flourish as well as continue to grow their passion for the sport of cheerleading.

SOCIAL MEDIA

If any athlete or parent has a social media account, it must always show the upmost of integrity. If for any reason their account is not, it can result in removal from the program. **This rule also applies to parents.** If any cheerleader or parent makes negative or hateful comments on social media about the gym, staff or athletes then they will be dismissed from the program.

OSA ALL STAR FEES

MONTHLY TUITION INCLUDES (\$120/month)

All fees are due by the 1st of every month

- ❖ Competition Shirt
- ❖ Skills Boot Camp
- ❖ Choreography Fee
- ❖ Music Fee
- ❖ Competition Registration Fees
- ❖ Car Decal
- ❖ All practices
- ❖ 1 Additional Tumbling/Skills Class



Tuition will not be prorated for gym closings.

ONE TIME FEES	COST	DUE BY
Tryout Fee	\$100	Tryouts, May 12 th
Practice Attire	\$75	June 15 th 2017
USASF Fee	\$65	June 15 th 2017
Competition Uniform /Bow	\$210	July 15 th , 2017
Team Backpack/Warmup/Makeup	\$215	August 15 th ,2017
Shoes	\$100	OSA Pro Shop (optional)

PAYMENTS

Oklahoma Spirit Academy's only accepted method of payment is automatic credit or debit (Visa/MasterCard) card draft for all monthly tuition and fee payments. Monthly tuition payments will be drafted on the 1st of each month. Fees will be drafted on the due date. There will be a \$50 charge for declined auto-draft payments.

CONTRACT BUY OUT

Being a member of an All-Star team at OSA is a yearlong commitment (May-April). In the event that an All-Star member quits their team for any reason, their account will continue to be charged and drafted each month remaining in the season, or the contract can be bought out for \$500. This does not apply to anyone who moves (50 miles), or has a season ending injury. Proper documentation must be provided if relocating, or a doctor's note if injured. All resignations must be received in writing (Facebook/social media not acceptable). If an athlete quits before receiving any OSA merchandise including practice clothes, uniform, warm-ups, etc., they will become the property of Oklahoma Spirit Academy, and the athlete **will not** receive a refund.

DISCOUNTS

Those with multiple cheerleaders in the OSA cheer program, or if your child is a member of a school team that is training through OSA, will pay a discounted monthly tuition of \$180/month.

Pay for the total tuition amount for the year upfront and get 10% off!